



# SEX-ESTEEM: DEVELOPING SEXUALITY CONFIDENCE

## TRAIN-THE TRAINER

Date: <b>Friday October 1, 2010</b>	Location: <b>Waterloo Regional Police Association</b>
Time: <b>8:45 a.m. – 4:30 p.m.</b>	<b>RR# 2 Rife Road</b>
	<b>Cambridge</b>
Registration	Cost: <b>\$60 per person</b> (includes lunch & snacks)
Deadline: <b>September 24, 2010</b>	
Who should attend?	<ul style="list-style-type: none"> <li>✓ <b>Staff Members who will be talking about Sex to adults with Developmental Disabilities</b></li> <li>✓ <b>Supervisors/Managers etc. who can provide training to other staff</b></li> </ul>

The first step in giving staff members the confidence to providing sexuality education for adults with a developmental disability is to provide them with training. The next step is to provide staff members with the skills to deliver that education directly with adults. That is the focus of this train-the-trainer style workshop. Since 2006, the Sexual Health and Developmental Disabilities Committee in Waterloo Region has developed and delivered an enjoyable, entertaining and interactive 2-day workshop for adults with a developmental disability accompanied by their support persons. Come find out more about this “Survivor-themed” learning experience and its applicability for your community. Explore teaching strategies that are entertaining, non-threatening and relevant; strategies that are incorporated in a team-based “Survivor mode” forum that playfully encourages adults to “out-play and out-laugh” one another. Topics include: self-esteem, dating & relationships, sexual intimacy, sexual orientation, gender identity, internet safety, pornography, sexual health, and sexual abuse/assault prevention. Valuable resource materials will be made available with attendance at this workshop.

### Learning Objectives

1. Increase knowledge and skill to make sexuality education meaningful but interesting and fun for adults with a Developmental Disability, using visual, tactile and interactive learning strategies
2. Increase capacity to organize a committee to support sexuality education for adults with a Developmental Disability in your home community

**Presentation developed by: The Sexual Health and Developmental Disabilities Conference Committee of Waterloo Region**

▪ <i>Developmental Services Access Centre</i>	▪ <i>Region of Waterloo Public Health</i>
▪ <i>Griffin Centre's ReachOUT Program</i>	▪ <i>K-W Habilitation Services</i>
▪ <i>Parents for Community Living</i>	▪ <i>Elmira and District Community Living</i>
▪ <i>Community Living Cambridge</i>	▪ <i>Waterloo Region Police</i>

**A Joint Presentation by OADD and Sunbeam Residential Development Centre**



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**REGISTRATION FORM**

Payment and registration must be received no later than September 24<sup>th</sup>, 2010. Cheque or Money Order must be made payable to **OADD**.

Please send Registration form and \$60.00 payment to:

OADD  
2 Surrey Place  
Toronto, ON M5S 2C2

If you have any questions, please feel free to contact Jennifer at (416) 657-2267 or [oadd@oadd.org](mailto:oadd@oadd.org)

Name:	
Agency:	
Position:	
Email Address	
Phone number	
Dietary Restrictions	

**Payment Enclosed:**  
(Must be received no later than September 24, 2010)

- Cheque (\$60.00)  
 Money Order (\$60.00)